

2024 4 Nations Cork Women O45  
31 May - 2 Jun 2024  
Cork, IRL



Team Details England O45

Shirt No.	Player	Date of Birth	Age*
1	BILLINGTON Amanda (GK)		49
2	PARISH Jo (GK)		46
3	STOCKFORD Katrina		47
4	GARCIA Mariana		45
5	MAAN Sandeep		46
6	DOWNER Marianne		45
7	VALE Zoe (C)		45
8	BINGHAM Kelly		46
9	BOND Chanré		49
10	LEONARD Charlie		47
11	JONES Gemma (C)		48
12	SIMILIEN Sara		49
13	WESTON Jo (C)		47
14	FALCONE HEALY Sabina		47
15	WHEELHOUSE Elizabeth		45
16	LUCKETT Kerry		46
17	NURSE Gemma		46
18	STANLEY Jenny		45

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-31

Team Staff

Role	Name
Team Manager	HANHAM Kay
Head Coach	SUTTON Sue
Assistant Coach	PROWSE Tracey
Physiotherapist	ALLAN Lucy

Team Colours

Shirts	Red   White
Skirts	Navy Blue   Navy Blue
Socks	Red   Navy Blue
GK Shirts	Orange   Black

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Team Details Ireland O45

Shirt No.	Player	Date of Birth	Age*
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\* As of 2024-12-31

Team Staff

Role	Name
Team Manager	RYAN-DOYLE Emilie

Team Colours

Shirts	Green   Navy
Skirts	Green   Green
Socks	Green   Navy
GK Shirts	Yellow   Pink

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Team Details Scotland O45

Shirt No.	Player	Date of Birth	Age*
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\* As of 2024-12-31

Team Staff

Role	Name
Team Manager	BEATTIE Rona

Team Colours

Shirts	White   Royal Blue
Skirts	Navy   Royal Blue
Socks	White   Royal Blue
GK Shirts	Yellow   Orange

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Team Details Wales O45

Shirt No.	Player	Date of Birth	Age*
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NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-31

Team Staff

Role	Name
Team Manager	TREHARNE Linda

Team Colours

Shirts	Red   Black
Skirts	Red   Black
Socks	Red   Black
GK Shirts	Yellow   Green