2025 4 Nations W O40 Glasgow

1 - 3 Aug 2025
Glasgow, SCO

Team Details England

Shirt No.	Player	Date of Birth	Age*
1	**PORTER Joanna (GK)**		44
2	**FLOUCH Caroline**		41
3	**KEATING Emily**		43
5	**WOOLFORD Vicky (C)**		44
6	**ROSS Emma**		40
7	**BRYANT Joey**		43
8	**FRANKS Vicki**		43
9	**KELLETT Nicky**		40
10	**COSTIN Kate (C)**		40
11	**OWEN Annabel**		42
14	**MOORE Nadia**		43
15	**CRAZE Sian**		42
16	**FYNN Sophie**		43
17	**HELPS Kate**		44
22	**BATTEN-LINCOLN Vicki (GK)**		44
25	**TRAFFORD Eleanor**		41
26	**GOSDEN Helene**		41
27	**HATELEY-LOWE Sacha**		40

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**COCKAYNE Sarah**
Head Coach	**YOUNG Richard**
Assistant Coach	**GOOD Andrew**
Other	**BAKER Callum**

Team Colours

Shirts	Red | White
Skirts	Navy Blue
Socks	Red | Navy Blue
GK Shirts	Green | Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	**O'BRIEN Siobhan (GK)**		43
2	**WRIGHT Heather**		43
3	**HASSETT Liz (C)**		43
4	**KEARNEY Aine**		45
6	**POMPHRETT Laura**		44
7	**DEVANE Ciara**		41
9	**McDONAGH Ruth**		44
10	**ROGERS Yvonne**		41
11	**O'MALLEY Neassa**		41
12	**McNEILL Melanie (GK)**		42
13	**PARKE Nikki**		43
14	**QUIGLEY Gillian**		41
15	**McCARTHY Karen**		42
16	**CATTERSON Stacey**		42
17	**ROSS Elaine**		42
18	**GEOGHEGAN Sive**		44
19	**O'CONNOR KENNEDY Lesley**		44
21	**WILSON Lynsey**		41

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**NICHOLSON Gail**
Head Coach	**O'CONNOR Richard**
Assistant Coach	**RYAN Siobhan**

Team Colours

Shirts	Green | Navy Blue
Skirts	Green | Green
Socks	Green | Navy Blue
GK Shirts	Light Blue | Orange

Tournament Director: TRUESDALE Victoria (SCO)

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2025 4 Nations W O40 Glasgow

1 - 3 Aug 2025
Glasgow, SCO

Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	**GUILLOT Chantal (GK)**		53
2	**BROWN Lindsay (GK)**		43
9	**HILTON Kareema**		41
11	**GOSSMAN Jenna**		42
13	**McCORMICK Emma**		42
14	**HURD Donna**		42
15	**PENMAN Siobhan**		42
17	**EWING Rachael**		44
22	**RAMSEY Carol**		41
30	**GLENDINNING Sarah**		47
41	**WHILLANS Rachel**		43
42	**TYSON Kaney**		46
43	**EMERSON Jordana**		43
44	**WRIGHT Lynsey (C)**		44
49	**JOHN Lisa**		46
62	**THOMSON Emma**		40
63	**HOLT Alice**		42
66	**HOLMES Annie**		45

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**McEWAN Lindsay**
Head Coach	**WREN Aiden**
Assistant Coach	**WALKER Hamish**
Physiotherapist / Stand-In Manager	**LOWRY Sarah**

Team Colours

Shirts	White | Royal Blue
Skirts	Navy | Royal Blue
Socks	Navy | White | Royal Blue
GK Shirts	Orange | Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
6	**VINEY Dona**		42
8	**FUGE Cath**		42
14	**DUNN Amelia**		41
15	**WILSON Bethan**		41
25	**BOWYER Eve (C)**		44
30	**HUGHES Nia**		43
31	**ROBERTS Helen**		43
32	**JONES Pippa**		44
33	**KNIGHT Dawn**		43
38	**SMITH Donna (C)**		44
39	**BROWN Medi**		44
40	**WELSFORD Abi**		44
42	**RICHARDS Donna**		42
46	**HUGHES Delyth**		44
47	**HENN Siobhan**		42
49	**SIBLEY Faye**		41
666	**HANSEN Amy (GK)**		44
999	**BENN Mel (GK)**		47

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**BARRATT Anne**
Head Coach	**ROBINSON Mark**
Assistant Coach	**CAMPLING Cheryl**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Yellow | Mint Green/Cyan

Tournament Director: TRUESDALE Victoria (SCO)

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