2025 4 Nations W O45 Glasgow

1 - 3 Aug 2025
Glasgow, SCO

Team Details England

Shirt No.	Player	Date of Birth	Age*
2	**PARISH Jo (GK)**		47
3	**CLARKE Sarah**		46
4	**GARCIA MORITAN Mariana**		46
5	**GEORGE Nicola**		45
6	**DOWNER Marianne**		46
7	**VALE Zoe**		46
8	**BINGHAM Kelly**		47
9	**GILL Victoria**		45
11	**JONES Jemma (C)**		49
12	**EASTER Carol**		47
14	**STANLEY Jenny**		46
16	**LUCKETT Kerry**		47
17	**BLOCKLEY Donna**		48
18	**DAVITT Lyndall (GK)**		45
19	**CATHCART Helen**		45
21	**JAMES Sarah**		45
22	**BROWN Nicola**		48
25	**MAAN Sandeep**		47

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**HANHAM Kay**
Head Coach	**PROWSE Tracey**
Physiotherapist	**ALLAN Lucy**

Team Colours

Shirts	Red | White
Skirts	Red | Navy
Socks	Red | Navy
GK Shirts	Green | Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
3	**CAVE Anne-Marie**		48
5	**DAHL Zanya**		50
6	**JONES Vicky**		48
7	**McCORMACK Audrey**		46
8	**McCARTHY Aoife**		47
10	**GRANT Leonie**		48
11	**O'MAHONEY Sylvia**		46
12	**HOBSON Wendy**		49
14	**RUSHE Kate**		45
15	**WALSH E.J.**		47
16	**MAHER Linda (C)**		46
17	**ANSLOW Amy**		45
19	**HIGGINS Edel**		46
20	**ENGLISH Alison**		46
21	**O'LEARY Ciara**		47
22	**BYRNE Susan (GK)**		49

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**CULLEN Nikkey**
Head Coach	**HARDING Ross**
Assistant Coach	**STONE Richard**

Team Colours

Shirts	Green
Skirts	Green
Socks	Green
GK Shirts	Sky Blue | Orange

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	**CRAIG Sheona (GK)**		51
2	**PAGET Joanne (GK)**		48
7	**HUTCHISON Sheona**		50
8	**BRUCE-DUNBAR Fay**		49
9	**FRANCIS Katie**		50
10	**HALL Sally**		50
17	**SABALA Vanesa**		52
22	**HALL Janet**		49
26	**DESCAMPS Katharine**		47
27	**MOIR Gayle**		45
29	**THOMSON Lynsey**		46
47	**ATKINSON Amy**		45
50	**PATERSON Lisa**		46
52	**MACKAY Lesleyann**		46
55	**MASSIE Debbie**		51
57	**LITTLEJOHN Shiona (C)**		49
59	**SCOLLAY Lynne**		47
60	**HILL Celia**		46

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**BEATTIE Rona**
Head Coach	**DAVIDSON Gordon**
Other	**BLACKWOOD Donna**

Team Colours

Shirts	White | Royal Blue
Skirts	Navy Blue | Royal Blue
Socks	Navy Blue | Royal Blue | White
GK Shirts	Yellow | Orange

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
3	**LOWE Tina**		49
4	**LEWIS Jane**		45
5	**DEXTER-LOWE Janelle (C)**		47
6	**PETHERICK Annie (C)**		48
9	**WATERS Sarah (C)**		49
10	**WILLIAMS Manon Lloyd**		47
14	**DATHAN Rachel**		45
15	**THOMAS Suzanna**		46
16	**THOMAS Kate**		46
17	**DAVIES Leanne**		45
20	**CHAPMAN Leanne (GK)**		46
21	**SNEYD Kirstie (GK)**		49
22	**BAINBRIDGE Helen**		47
23	**LUCKMAN Naomi**		46
26	**BUBB Karen**		46
34	**KNIGHT Hannah**		46
36	**NICHOLSON Kate**		46
42	**WILLIAMS Jess**		47

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**TREHARNE Linda**
Head Coach	**HOLLAND Andy**
Assistant Coach	**HERBERT Joanne**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Yellow | Lime Green

Tournament Director: TRUESDALE Victoria (SCO)

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