# 2026 4 Nations Southgate W40

**5 - 7 Jun 2026**

**Southgate, ENG**

## Team Details England

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **ELLIS Sarah (GK)** | | 43 |
| 2 | **FLOUCH Caroline** | | 42 |
| 3 | **KEATING Emily (C)** | | 44 |
| 4 | **EDGWORTH Kate** | | 41 |
| 5 | **WOOLDRIDGE Kate** | | 40 |
| 6 | **HANKIN Chantal** | | 43 |
| 7 | **BRYANT Joey** | | 44 |
| 8 | **FRANKS Vicki** | | 44 |
| 9 | **KELLETT Nicky** | | 41 |
| 10 | **COSTIN Kate** | | 41 |
| 12 | **FAIR Hannah** | | 43 |
| 13 | **BLAKE Kat** | | 43 |
| 17 | **ELLIS Jo** | | 43 |
| 18 | **WOOD Sophie** | | 40 |
| 24 | **TEDFORD Danni (GK)** | | 43 |
| 25 | **CHURCH Nia** | | 41 |
| 26 | **GOSDEN Helene** | | 42 |
| 27 | **HATELEY-LOWE Sacha** | | 41 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **DIXON Hebe** |
| Head Coach | **PERCIVAL Holly** |
| Assistant Coach | **GATHERER Mandy** |
| Other | **CROCKETT Paul** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Navy Blue |
| Socks | Red \| Navy Blue |
| GK Shirts | Yellow \| Green |

Technical Delegate: RIGBY David (ENG)



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## Team Details Ireland

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **RYAN Siobhan (GK)** | | 45 |
| 2 | **WRIGHT Heather** | | 44 |
| 3 | **HASSETT Liz** | | 44 |
| 5 | **DOAK-MCDONNELL Jean (C)** | | 43 |
| 6 | **O'MALLEY Aifric** | | 40 |
| 7 | **DEVANE Ciara** | | 42 |
| 8 | **TEMPLE-JONES Kate** | | 42 |
| 9 | **BROWNLEE Jane** | | 41 |
| 11 | **O'MALLEY Neassa** | | 42 |
| 13 | **PARKE Nikki** | | 44 |
| 14 | **HORAN Eimear** | | 45 |
| 15 | **McCARTHY Karen** | | 43 |
| 16 | **CATTERSON Stacey** | | 43 |
| 18 | **COEN Vicky** | | 40 |
| 19 | **O'CONNOR KENNEDY Lesley** | | 45 |
| 24 | **KENNEDY Jennifer** | | 45 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **ASHLEY Declan** |
| Head Coach | **EPSTEIN Benjamin** |

## Team Colours

| | |
|---|---|
| Shirts | Green \| Navy |
| Skirts | Green \| Navy |
| Socks | Green \| Navy |
| GK Shirts | Orange \| Turquoise |

Technical Delegate: RIGBY David (ENG)


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# 2026 4 Nations Southgate W40

**5 - 7 Jun 2026**

**Southgate, ENG**

## Team Details Scotland

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 31 | **GUILLOT Chantal (GK)** | | 54 |
| 32 | **BROWN Lindsay (C,GK)** | | 44 |
| 33 | **ALLAN Sarah** | | 40 |
| 34 | **THOMSON Emma** | | 41 |
| 35 | **GOSSMAN Jenna** | | 43 |
| 37 | **HOLT Alice** | | 43 |
| 38 | **HURD Donna** | | 43 |
| 39 | **PENMAN Siobhan (C)** | | 43 |
| 40 | **McSHERRY Annie** | | 44 |
| 41 | **WHILLANS Rachel** | | 44 |
| 42 | **KNIGHT Lindsey** | | 44 |
| 43 | **EMERSON Jordana** | | 44 |
| 44 | **WRIGHT Lynsey** | | 45 |
| 45 | **COX Ruth** | | 45 |
| 46 | **SMITH Katy** | | 45 |
| 47 | **MACKAY Alexis** | | 46 |
| 48 | **HOLMES Annie** | | 46 |
| 49 | **FRONDIGOUN Clare** | | 41 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

## Team Staff

| Role | Name |
|---|---|
| Assistant Manager | **JACKSON Katherine** |
| Team Manager | **McEWAN Lindsay** |
| Head Coach | **LOBB Stuart** |

## Team Colours

| | |
|---|---|
| Shirts | Royal Blue \| White |
| Skirts | Royal Blue \| Navy |
| Socks | Royal Blue \| Navy \| White |
| GK Shirts | Fluorescent Pink \| Fluorescent Green |

Technical Delegate: RIGBY David (ENG)



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## Team Details Wales

| Shirt No. | Player | Date of Birth | Age* |
|---|---|---|---|
| 1 | **BUMSTEAD Amy (GK)** | | 41 |
| 30 | **HUGHES Nia** | | 44 |
| 31 | **ROBERTS Helen** | | 44 |
| 32 | **DUNN Amelia** | | 42 |
| 35 | **FUGE Cath** | | 43 |
| 36 | **VINEY Dona** | | 43 |
| 37 | **GIERAK Katrin** | | 42 |
| 38 | **GRIFFITHS Joey** | | 44 |
| 39 | **GALLAGHER Jenna** | | 42 |
| 40 | **ALFORD-SWIFT Louise** | | 44 |
| 41 | **CRAMP Noelle** | | 44 |
| 42 | **RICHARDS Donna** | | 43 |
| 43 | **CANNON Ria** | | 44 |
| 44 | **THWAITES Sadie** | | 40 |
| 45 | **DOOLIN Wendy (C)** | | 41 |
| 47 | **HENN Siobhan (C)** | | 43 |
| 49 | **SIBLEY Faye** | | 42 |
| 99 | **DAVIES-COX Rebecca (GK)** | | 40 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **BARRATT Anne** |
| Head Coach | **ROBINSON Mark** |
| Assistant Coach | **CAMPLING Cheryl** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| Black |
| Skirts | Red \| Black |
| Socks | Red \| Black |
| GK Shirts | Yellow \| Green |

Technical Delegate: RIGBY David (ENG)


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