

2024 4 Nations Cork Women O40
31 May - 2 Jun 2024
Cork, IRL



Team Details England O40

Shirt No.	Player	Date of Birth	Age*
1	ELLIS Sarah (GK)		41
2	JAMES Sarah		44
3	KEATING Emily		42
4	SPENCER Dani		40
5	GEORGE Nicola		44
6	CRAZE Sian		41
8	FRANKS Victoria		42
10	COCKAYNE Sarah (C)		42
11	GILL Victoria		44
12	KING Judith		43
13	BLAKE Kathyryn		41
14	MOORE Nadia		42
15	STONE Helen		42
16	FYNN Sophie		42
19	INSALL Melanie (GK)		40
21	THOMAS Angela		42
23	FIELD Lucy		42
25	ADCOCK Catharine		41

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	DIXON Hebe
Head Coach	YOUNG Richard
Assistant Coach	GOOD Andrew

Team Colours

Shirts	Red White
Skirts	Navy Blue Navy Blue
Socks	Red Navy Blue
GK Shirts	Green Yellow

Tournament Director: DENNIS John (IRL)

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Team Details Ireland O40

Shirt No.	Player	Date of Birth	Age*
1	RYAN Siobhan (GK)		43
4	DOAK Jean McDonnell		41
5	ANSLOW Amy		44
7	McCORMACK Audrey (C)		45
10	HOLLIES Cathy		43
11	KEARNEY Aine		44
12	HORAN Eimear		43
13	PARKE Nikki (C)		42
14	ENGLISH Alison		45
15	RUSHE Kate		44
16	O'MAHONEY Sylvia		45
17	HASSETT Liz		42
18	CLIFFORD Ruth		43
19	HIGGINS Edel		45
20	LYONS Kristin		42
23	ORTON Aoife		43

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* As of 2024-12-31

Team Staff

Role	Name
Team Manager	CULLEN Nikkey
Head Coach	SMALL Niamh
Assistant Coach	QUILL Sara

Team Colours

Shirts	Green
Skirts	Green
Socks	Green
GK Shirts	Yellow Pink

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Team Details Scotland O40

Shirt No.	Player	Date of Birth	Age*
1	GUILLOT Chantal (GK)		52
2	BROWN Lindsay (GK)		42
9	HILTON Kareema		40
11	Gossman Jenna		41
12	OSBOURNE Rebecca		41
14	HURD Donna		41
41	WHILLANS Rachel		42
42	KNIGHT Lindsey		42
43	EMERSON Jordana		42
44	WRIGHT Lynsey (C)		43
48	COOPER Mhairi		45
49	JOHN Lisa		45
59	SCOLLAY Lynne		46
60	HILL Celia		45
61	GRANT Claire		45
63	HOLT Alice		41
64	SMITH Katy		43
65	TYSON Karen		45

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* As of 2024-12-31

Team Staff

Role	Name
Team Manager	McEWAN Lindsey
Head Coach	WREN Aiden
Assistant Coach	JOHN Niamh
Other	LOWRY Sarah

Team Colours

Shirts	Royal Blue White
Skirts	Royal Blue Navy
Socks	White Navy
GK Shirts	Orange Yellow

Tournament Director: DENNIS John (IRL)

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Team Details Wales O40

Shirt No.	Player	Date of Birth	Age*
1	FELLOWS Sarah (GK)		44
2	HANSEN Amy (GK)		43
3	GALLAGHER Jenna		40
6	VINEY Dona		41
8	FUGE Cath		41
14	DUNN Amelia		40
24	PAGINTON Rebecca		40
25	BOWYER Eve (C)		43
28	LEWIS Jane		44
30	HUGHES Nia		42
32	JONES Pippa		43
33	KNIGHT Dawn		42
37	PAICE Eleri		44
38	SMITH Donna (C)		43
41	DATHAN Rachel		44
46	HUGHES Delyth		43
47	HENN Siobhan		41
49	SIBLEY Faye (C)		40

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* As of 2024-12-31

Team Staff

Role	Name
Manager	BARRATT Anne
Head Coach	ROBINSON Mark
Assistant Coach	WELSFORD Abi
Assistant Coach	CAMPLING Cheryl

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Green

Tournament Director: DENNIS John (IRL)