

2024 4 Nations Cork Women O45  
31 May - 2 Jun 2024  
Cork, IRL



Team Details England O45

| Shirt No. | Player                        | Date of Birth | Age* |
|-----------|-------------------------------|---------------|------|
| 1         | <b>BILLINGTON Amanda (GK)</b> |               | 49   |
| 2         | <b>PARISH Jo (GK)</b>         |               | 46   |
| 3         | <b>STOCKFORD Katrina</b>      |               | 47   |
| 4         | <b>GARCIA MORITAN Mariana</b> |               | 45   |
| 5         | <b>MAAN Sandeep</b>           |               | 46   |
| 6         | <b>DOWNER Marianne</b>        |               | 45   |
| 7         | <b>VALE Zoe (C)</b>           |               | 45   |
| 8         | <b>BINGHAM Kelly</b>          |               | 46   |
| 9         | <b>BOND Chanre</b>            |               | 49   |
| 10        | <b>LEONARD Charlie</b>        |               | 47   |
| 11        | <b>JONES Jemma (C)</b>        |               | 48   |
| 12        | <b>SIMILIEN Sara</b>          |               | 49   |
| 13        | <b>WESTON Jo (C)</b>          |               | 47   |
| 14        | <b>FALCONE Sabina</b>         |               | 47   |
| 15        | <b>WHEELHOUSE Lizzy</b>       |               | 45   |
| 16        | <b>GAMBLING Sarah</b>         |               | 48   |
| 17        | <b>NURSE Gemma</b>            |               | 46   |
| 18        | <b>STANLEY Jenny</b>          |               | 45   |

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-31

Team Staff

| Role            | Name                 |
|-----------------|----------------------|
| Team Manager    | <b>HANHAM Kay</b>    |
| Head Coach      | <b>SUTTON Sue</b>    |
| Assistant Coach | <b>PROWSE Tracey</b> |
| Physiotherapist | <b>ALLAN Lucy</b>    |

Team Colours

|           |                 |
|-----------|-----------------|
| Shirts    | Red   White     |
| Skirts    | Red   Navy Blue |
| Socks     | Red   Navy Blue |
| GK Shirts | Green   Yellow  |

Tournament Director: DENNIS John (IRL)

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**Team Details Ireland O45**

| Shirt No. | Player                     | Date of Birth | Age* |
|-----------|----------------------------|---------------|------|
| 1         | <b>GRILLS Claire (GK)</b>  |               | 46   |
| 2         | <b>WALSHE Fiona (C)</b>    |               | 47   |
| 3         | <b>LEE Joanna</b>          |               | 46   |
| 4         | <b>SPRATT-O'SHEA Niamh</b> |               | 49   |
| 5         | <b>DAHL Zanya</b>          |               | 49   |
| 6         | <b>JONES Victoria</b>      |               | 47   |
| 7         | <b>FENTON Vivienne</b>     |               | 48   |
| 8         | <b>McCARTHY Aoife</b>      |               | 46   |
| 9         | <b>JONES Stephanie</b>     |               | 47   |
| 10        | <b>GRANT Leonie</b>        |               | 47   |
| 12        | <b>HOBSON Wendy</b>        |               | 48   |
| 14        | <b>Brady Norma</b>         |               | 47   |
| 15        | <b>WALSH E.J.</b>          |               | 46   |
| 16        | <b>MAHER Linda</b>         |               | 45   |
| 21        | <b>HEDLEY Lisa</b>         |               | 46   |
| 22        | <b>DOYLE Triona</b>        |               | 46   |

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\* As of 2024-12-31

**Team Staff**

| Role         | Name                     |
|--------------|--------------------------|
| Team Manager | <b>RYAN-DOYLE Emilie</b> |
| Head Coach   | <b>HARDING Ross</b>      |

**Team Colours**

|           |           |
|-----------|-----------|
| Shirts    | Green     |
| Skirts    | Green     |
| Socks     | Green     |
| GK Shirts | Pale blue |

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## Team Details Scotland O45

| Shirt No. | Player                       | Date of Birth | Age* |
|-----------|------------------------------|---------------|------|
| 1         | <b>CRAIG Sheona (GK)</b>     |               | 50   |
| 2         | <b>HOSIE Ali (GK)</b>        |               | 50   |
| 5         | <b>MCCONNELL Shona</b>       |               | 48   |
| 6         | <b>REID Colleen</b>          |               | 49   |
| 7         | <b>HUTCHISON Sheona</b>      |               | 49   |
| 8         | <b>McFARLANE Katrina</b>     |               | 49   |
| 9         | <b>FRANCIS Katie</b>         |               | 49   |
| 10        | <b>HALL Sally</b>            |               | 49   |
| 22        | <b>HALL Janet</b>            |               | 48   |
| 26        | <b>DESCAMPS Katharine</b>    |               | 46   |
| 27        | <b>BLACKWOOD Donna</b>       |               | 46   |
| 28        | <b>PHILIP Kristina</b>       |               | 49   |
| 29        | <b>AITCHISON Nicola</b>      |               | 45   |
| 30        | <b>GLENDINNING Sarah</b>     |               | 46   |
| 50        | <b>PATERSON Lisa</b>         |               | 45   |
| 52        | <b>MACKAY Lesleyann</b>      |               | 45   |
| 57        | <b>LITTLEJOHN Shiona (C)</b> |               | 48   |
| 58        | <b>FLETCHER Jenny</b>        |               | 48   |

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\* As of 2024-12-31

## Team Staff

| Role         | Name                   |
|--------------|------------------------|
| Team Manager | <b>BEATTIE Rona</b>    |
| Head Coach   | <b>DAVIDSON Gordon</b> |

## Team Colours

|           |                    |
|-----------|--------------------|
| Shirts    | Royal Blue   White |
| Skirts    | Royal Blue   Navy  |
| Socks     | Royal Blue   White |
| GK Shirts | Yellow   Orange    |

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Team Details Wales O45

| Shirt No. | Player                      | Date of Birth | Age* |
|-----------|-----------------------------|---------------|------|
| 2         | <b>BENN Mel (GK)</b>        |               | 46   |
| 4         | <b>DONE Emma (C)</b>        |               | 48   |
| 5         | <b>DEXTER-LOWE Janelle</b>  |               | 46   |
| 6         | <b>PETHERICK Annie (C)</b>  |               | 47   |
| 9         | <b>WATERS Sarah</b>         |               | 48   |
| 10        | <b>HANCOCK Michelle</b>     |               | 48   |
| 14        | <b>LLOYD WILLIAMS Manon</b> |               | 46   |
| 15        | <b>THOMAS Suzanna</b>       |               | 45   |
| 16        | <b>THOMAS Kate</b>          |               | 45   |
| 17        | <b>POUPON Johanna</b>       |               | 48   |
| 20        | <b>CHAPMAN Leanne (GK)</b>  |               | 45   |
| 22        | <b>BAINBRIDGE Helen</b>     |               | 46   |
| 23        | <b>LUCKMAN Naomi</b>        |               | 45   |
| 26        | <b>BUBB Karen</b>           |               | 45   |
| 34        | <b>KNIGHT Hannah</b>        |               | 45   |
| 36        | <b>NICHOLSON Kate</b>       |               | 45   |
| 42        | <b>WILLIAMS Jess</b>        |               | 46   |

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\* As of 2024-12-31

Team Staff

| Role            | Name                  |
|-----------------|-----------------------|
| Team Manager    | <b>TREHARNE Linda</b> |
| Head Coach      | <b>HOLLAND Andy</b>   |
| Assistant Coach | <b>HERBERT Joanne</b> |

Team Colours

|           |                |
|-----------|----------------|
| Shirts    | Red   Black    |
| Skirts    | Red   Black    |
| Socks     | Red   Black    |
| GK Shirts | Yellow   Green |

Tournament Director: DENNIS John (IRL)