2025 4 Nations Cork M O45

9 - 11 May 2025
Cork, IRL

Team Details England

Shirt No.	Player	Date of Birth	Age*
1	**SHORT Jon (GK)**		46
2	**HANSPAL Titch**		47
3	**FOSTER Danny**		47
4	**LAMB Mark (C)**		49
5	**JOHNSON Tim**		48
6	**HILLSDON Barney**		47
7	**GARWOOD Damon**		46
8	**FOX Dan**		49
9	**REDFERN Jonathan**		45
10	**THOMPSON Simon**		47
11	**HAY Alex**		45
13	**NURSE William**		48
19	**PLAYFORD Rob**		47
20	**HANS David**		46
21	**HADGRAFT Neal (GK)**		47
23	**BELCHAMBER Ian**		46
24	**KITCHEN Richard**		45
25	**QUINCEY Stephen**		45

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**RUSSELL Rebecca**
Head Coach	**DAVIES Alex**
Assistant Coach	**McVEY Gus**
Physical Trainer	**HARVEY Mike**

Team Colours

Shirts	White | Red
Shorts	Navy Blue | Red
Socks	Navy Blue | Red
GK Shirts	Green | Yellow

Tournament Director: HOUGHTON Michael (IRL)

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2025 4 Nations Cork M O45

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Cork, IRL

Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	**WHITTAKER Andrew (GK)**		46
2	**READING Adam**		45
3	**LAPPIN Mark**		49
5	**LUSH John**		47
6	**McLEAN Stephen**		46
7	**FRAWLEY Mark**		49
8	**BLAND Peter**		50
9	**SWEENY Adrian**		47
11	**RAPHAEL Mark**		49
12	**McGUINNESS Michael**		46
13	**SMITH David**		46
14	**STIRLING Phil**		45
15	**HUNTER Simon**		47
16	**ADGEY Paul**		47
17	**BARBOUR Andrew**		48
18	**HART Jamie (C)**		47
19	**AIKEN Johnny**		46
20	**PERCIAVALLE Sebastian (GK)**		49

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**ARMSTRONG Warwick**
Head Coach	**McVICAR Allister**

Team Colours

Shirts	Green | White
Shorts	Green
Socks	Green | White
GK Shirts	Orange | Sky Blue

Tournament Director: HOUGHTON Michael (IRL)

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2025 4 Nations Cork M O45

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Cork, IRL

Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	**FIELD Graeme (GK)**		48
2	**SNELL David (GK)**		46
4	**HADDEN Owen**		49
7	**BATCHELOR Duncan (C)**		48
13	**ROBIN Stuart**		49
17	**GREIG Damian**		47
27	**O'NEILL Iain**		46
28	**NICOL Dougie**		49
30	**HOGARTH David**		52
33	**BENSON David**		49
34	**RALPH Alan**		49
50	**MOIR Steven**		45
53	**FERRIER Magnus**		45
57	**YOUNG Ross**		47
58	**SMITH Christopher**		47
60	**MILLER Chris**		47
67	**BOSWELL Thomas**		46
70	**CHANDLER Richard**		45

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**WATT Gary**
Physiotherapist	**SWINDON Nichola**

Team Colours

Shirts	White | Royal Blue
Shorts	Navy Blue | Royal Blue
Socks	White | Royal Blue
GK Shirts	Orange | Yellow

Tournament Director: HOUGHTON Michael (IRL)

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2025 4 Nations Cork M O45

9 - 11 May 2025
Cork, IRL

Team Details Wales

Shirt No.	Player	Date of Birth	Age*
5	**CHAPMAN Mark**		49
7	**PADLEY Simon**		46
8	**LANE Phil**		45
9	**KEATING Alex**		49
10	**JONES Tim**		46
11	**BANNING Chris**		47
15	**MATTHEWS Rich**		47
17	**EDWARDS Rowan**		47
21	**CAMERON-WILLIAMS James**		47
22	**REYNOLDS Nick (GK)**		49
23	**STOLLERY Matt**		47
24	**MAKARUK Dan**		46
27	**EVANS James**		47
28	**PLANT Emrys**		46
41	**MILLER Tim (C)**		48
45	**CLARK David**		45
76	**HOWELL Andrew (GK)**		49
226	**ROBERTS Simon**		46

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MURRAY Jessica**
Assistant Coach	**REYNOLDS Nick**

Team Colours

Shirts	Red | Black
Shorts	Red | Black
Socks	Red | Black
GK Shirts	Yellow | Green

Tournament Director: HOUGHTON Michael (IRL)

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