

2025 4 Nations W O45 Glasgow

1 - 3 Aug 2025

Glasgow, SCO



Team Details England

Shirt No.	Player	Date of Birth	Age*
2	PARISH Jo (GK)		47
3	CLARKE Sarah		46
4	GARCIA MORITAN Mariana		46
5	GEORGE Nicola		45
6	DOWNER Marianne		46
7	VALE Zoe		46
8	BINGHAM Kelly		47
9	GILL Victoria		45
11	JONES Jemma (C)		49
12	EASTER Carol		47
14	STANLEY Jenny		46
16	LUCKETT Kerry		47
17	BLOCKLEY Donna		48
18	DAVITT Lyndall (GK)		45
19	CATHCART Helen		45
21	JAMES Sarah		45
22	BROWN Nicola		48
25	MAAN Sandeep		47

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Manager	HANHAM Kay
Head Coach	PROWSE Tracey
Physiotherapist	ALLAN Lucy

Team Colours

Shirts	Red White
Skirts	Red Navy
Socks	Red Navy
GK Shirts	Green Yellow

Tournament Director: TRUESDALE Victoria (SCO)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
3	CAVE Anne-Marie		48
5	DAHL Zanya		50
6	JONES Vicky		48
7	McCORMACK Audrey		46
8	McCARTHY Aoife		47
10	GRANT Leonie		48
11	O'MAHONEY Sylvia		46
12	HOBSON Wendy		49
14	RUSHE Kate		45
15	WALSH E.J.		47
16	MAHER Linda (C)		46
17	ANSLOW Amy		45
19	HIGGINS Edel		46
20	ENGLISH Alison		46
21	O'LEARY Ciara		47
22	BYRNE Susan (GK)		49

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	CULLEN Nikkey
Head Coach	HARDING Ross
Assistant Coach	STONE Richard

Team Colours

Shirts	Green
Skirts	Green
Socks	Green
GK Shirts	Sky Blue Orange

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	CRAIG Sheona (GK)		51
2	PAGET Joanne (GK)		48
7	HUTCHISON Sheona		50
8	BRUCE-DUNBAR Fay		49
9	FRANCIS Katie		50
10	HALL Sally		50
17	SABALA Vanesa		52
22	HALL Janet		49
26	DESCAMPS Katharine		47
27	MOIR Gayle		45
29	THOMSON Lynsey		46
47	ATKINSON Amy		45
50	PATERSON Lisa		46
52	MACKAY Lesleyann		46
55	MASSIE Debbie		51
57	LITTLEJOHN Shiona (C)		49
59	SCOLLAY Lynne		47
60	HILL Celia		46

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Team Staff

Role	Name
Team Manager	BEATTIE Rona
Head Coach	DAVIDSON Gordon
Other	BLACKWOOD Donna

Team Colours

Shirts	White Royal Blue
Skirts	Navy Blue Royal Blue
Socks	Navy Blue Royal Blue White
GK Shirts	Yellow Orange

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
3	LOWE Tina		49
4	LEWIS Jane		45
5	DEXTER-LOWE Janelle (C)		47
6	PETHERICK Annie (C)		48
9	WATERS Sarah (C)		49
10	WILLIAMS Manon Lloyd		47
14	DATHAN Rachel		45
15	THOMAS Suzanna		46
16	THOMAS Kate		46
17	DAVIES Leanne		45
20	CHAPMAN Leanne (GK)		46
21	SNEYD Kirstie (GK)		49
22	BAINBRIDGE Helen		47
23	LUCKMAN Naomi		46
26	BUBB Karen		46
34	KNIGHT Hannah		46
36	NICHOLSON Kate		46
42	WILLIAMS Jess		47

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	TREHARNE Linda
Head Coach	HOLLAND Andy
Assistant Coach	HERBERT Joanne

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Lime Green

Tournament Director: TRUESDALE Victoria (SCO)