

2026 4 Nations Southgate W35
5 - 7 Jun 2026
Southgate, ENG



Team Details England

Shirt No.	Player	Date of Birth	Age*
1	SMITH Becca (GK)		35
2	LAYBOURNE Nikki		39
3	KERLY Sarah		37
4	HIBBERT Rebecca		37
7	CHAMBERLAIN Emma		39
8	HAYMAN Jessica		38
9	SHEEHAN Amy		37
10	WOOD Sue (C)		38
11	MANNING Sophie		38
12	MARTIN Katie		35
13	MORTIMER-COLLIER Michelle		39
14	HUGHES Kathryn		39
15	EVANS Rosie		38
17	BRIDGER Jodie		37
18	MILLS Sarah		38
20	LONG Katie		38
21	ROBERTS Charli		37
29	UPTON Toni (GK)		39

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

Team Staff

Role	Name
Assistant Manager	BOCCACCINI Sharon
Assistant Manager	MUIRHEAD Zoe
Team Manager	LONG Maz
Head Coach	FAIRBROTHER Andy
Assistant Coach	STITT Izzy

Team Colours

Shirts	Red White
Skirts	Navy
Socks	Red Navy
GK Shirts	Yellow Green

Technical Delegate: RIGBY David (ENG)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	VAN WYK Berne (GK)		39
2	HEARNE Pamela (GK)		40
3	O'CALLAGHAN Hilary (C)		40
4	LAWRENCE Aoife		37
5	ELLIOTT Charlotte		38
6	PHELAN Clair		40
7	JOHNSTON Laura		38
8	BANNERMAN Claire (C)		39
10	McDOWELL Katharine		40
11	SWANN Scarlet		38
12	BOYD Polly		35
13	ALLEN Emma		38
14	KENNEDY Jill		38
17	BOYD Katherine		38
18	BALBIRNIE Kate		37
21	ARBULO Camila		39
27	JENKINSON Holly		40

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	GHIA Maulik
Head Coach	TREACY Rory

Team Colours

Shirts	Green Navy
Skirts	Green
Socks	Green
GK Shirts	Orange Black

Technical Delegate: RIGBY David (ENG)

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
1	HANSEN Vikki (GK)		40
2	ANGUS-PRATT Bethany (GK)		39
4	OSBORNE Rachel (C)		37
5	YEUDALL Hazel		37
6	BURNS Sophie		37
7	SNELLE Amy		39
8	MILL Stephanie		40
9	WILSON Nicky		36
10	CHRISTISON Kim		41
11	STUART Alex		37
12	DUDGEON Aimee		38
13	HOPKINSON Anna		38
14	GOODYEAR Beth		39
15	SMITH Jennifer		40
16	MULLINS Jill		41
17	YEUDALL Kayleigh		36
18	TOMAZ Simone		37
44	LLOYD Nikki		39

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	LUCAS-HERALD Lucy
Team Manager	SLOAN Susan
Head Coach	JACK Janet

Team Colours

Shirts	Royal Blue White
Skirts	Royal Blue Navy
Socks	Royal Blue White
GK Shirts	Pink Green

Technical Delegate: RIGBY David (ENG)

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**Team Details Wales**

Shirt No.	Player	Date of Birth	Age*
1	RICHARDS Emma (GK)		37
2	JONES Ffion (GK)		38
5	WILKEY Anna		38
7	HUNTER Katherine		37
8	HATTON Natasha		37
10	DAVEY Rosemary		35
11	WILKINSON Charlotte		38
12	HALL Sarah (C)		39
13	NAUGHALTY Alex		36
14	FRANCIS Victoria (C)		37
15	BATES Martha		36
16	HANDY Leanne		37
17	WATKINS Katherine		39
18	NICHOLAS Paris		35
19	NICOL-HUGHES Gwen		39
20	PARRY-JONES Lois		36
22	SILCOX Alys		35
23	THOMAS Elinor		38

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	CHURCH Christianne
Head Coach	WILLIAMS Ffion
Assistant Coach	VICKERS Kathryn
Other	THOMPSON Heather

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Green

Technical Delegate: RIGBY David (ENG)