

2026 4 Nations Southgate W40
5 - 7 Jun 2026
Southgate, ENG



Team Details England

Shirt No.	Player	Date of Birth	Age*
1	ELLIS Sarah (GK)		43
2	FLOUCH Caroline		42
3	KEATING Emily (C)		44
4	EDGWORTH Kate		41
5	WOOLDRIDGE Kate		40
6	HANKIN Chantal		43
7	BRYANT Joey		44
8	FRANKS Vicki		44
9	KELLETT Nicky		41
10	COSTIN Kate		41
12	FAIR Hannah		43
13	BLAKE Kat		43
17	ELLIS Jo		43
18	WOOD Sophie		40
24	TEDFORD Danni (GK)		43
25	CHURCH Nia		41
26	GOSDEN Helene		42
27	HATELEY-LOWE Sacha		41

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

Team Staff

Role	Name
Team Manager	DIXON Hebe
Head Coach	PERCIVAL Holly
Assistant Coach	GATHERER Mandy
Other	CROCKETT Paul

Team Colours

Shirts	Red White
Skirts	Navy Blue
Socks	Red Navy Blue
GK Shirts	Yellow Green

Technical Delegate: RIGBY David (ENG)

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Team Details Ireland

Shirt No.	Player	Date of Birth	Age*
1	RYAN Siobhan (GK)		45
2	WRIGHT Heather		44
3	HASSETT Liz		44
5	DOAK-MCDONNELL Jean (C)		43
6	O'MALLEY Aifric		40
7	DEVANE Ciara		42
8	TEMPLE-JONES Kate		42
9	BROWNLEE Jane		41
11	O'MALLEY Neassa		42
13	PARKE Nikki		44
14	HORAN Eimear		45
15	McCARTHY Karen		43
16	CATTERSON Stacey		43
18	COEN Vicky		40
19	O'CONNOR KENNEDY Lesley		45
24	KENNEDY Jennifer		45

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	ASHLEY Declan
Head Coach	EPSTEIN Benjamin

Team Colours

Shirts	Green Navy
Skirts	Green Navy
Socks	Green Navy
GK Shirts	Orange Turquoise

Technical Delegate: RIGBY David (ENG)

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Team Details Scotland

Shirt No.	Player	Date of Birth	Age*
31	GUILLOT Chantal (GK)		54
32	BROWN Lindsay (C,GK)		44
33	ALLAN Sarah		40
34	THOMSON Emma		41
35	GOSSMAN Jenna		43
37	HOLT Alice		43
38	HURD Donna		43
39	PENMAN Siobhan (C)		43
40	McSHERRY Annie		44
41	WHILLANS Rachel		44
42	KNIGHT Lindsey		44
43	EMERSON Jordana		44
44	WRIGHT Lynsey		45
45	COX Ruth		45
46	SMITH Katy		45
47	MACKAY Alexis		46
48	HOLMES Annie		46
49	FRONDIGOUN Clare		41

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* As of 2026-12-31

Team Staff

Role	Name
Assistant Manager	JACKSON Katherine
Team Manager	McEWAN Lindsay
Head Coach	LOBB Stuart

Team Colours

Shirts	Royal Blue White
Skirts	Royal Blue Navy
Socks	Royal Blue Navy White
GK Shirts	Fluorescent Pink Fluorescent Green

Technical Delegate: RIGBY David (ENG)

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Team Details Wales

Shirt No.	Player	Date of Birth	Age*
1	BUMSTEAD Amy (GK)		41
30	HUGHES Nia		44
31	ROBERTS Helen		44
32	DUNN Amelia		42
35	FUGE Cath		43
36	VINEY Dona		43
37	GIERAK Katrin		42
38	GRIFFITHS Joey		44
39	GALLAGHER Jenna		42
40	ALFORD-SWIFT Louise		44
41	CRAMP Noelle		44
42	RICHARDS Donna		43
43	CANNON Ria		44
44	THWAITES Sadie		40
45	DOOLIN Wendy (C)		41
47	HENN Siobhan (C)		43
49	SIBLEY Faye		42
99	DAVIES-COX Rebecca (GK)		40

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	BARRATT Anne
Head Coach	ROBINSON Mark
Assistant Coach	CAMPLING Cheryl

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Yellow Green

Technical Delegate: RIGBY David (ENG)