

2026 4 Nations Swansea M45

19 - 21 Jun 2026

Swansea, Wales



Team Details England

Shirt No.	Player	Date of Birth	Age*
1	SHORT Jon (GK)		47
3	FOSTER Danny		48
4	GHAZANFAR Ali		48
7	GARWOOD Damon		47
8	NIXON Paul		47
9	REDFERN Jonathan		46
11	HAY Alex		46
12	PLAYFORD Rob		48
13	SMITH David		45
16	SYMONDSON Anthony		45
18	WEAIT Jon		46
20	HANS David		47
21	HADGRAFT Neal (GK)		48
22	DHANANI Sanjay		47
23	BELCHAMBER Ian		47
24	KITCHEN Richard		46
25	BOWLES Dafydd		45
29	MAN Raymond		45

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-12-31

Team Staff

Role	Name
Team Manager	RUSSELL Rebecca
Head Coach	DAVIES Alex
Assistant Coach	WOOD Lauren
Assistant Coach	CUTTLE Luis
Assistant Coach	McVEY Gus
Physiotherapist	FOX Dan

Team Colours

Shirts	White Red
Shorts	Navy Red
Socks	Navy Red
GK Shirts	Yellow Green

Tournament Director: TAYLOR John (WAL)

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**Team Details Ireland**

Shirt No.	Player	Date of Birth	Age*
1	WHITTAKER Andrew (GK)		47
2	READING Adam		46
3	DUNNE Jim		45
5	LUSH John		48
6	McLEAN Stephen		47
8	McDONAGH Robert		49
10	MISSEN Adrian		47
13	SMITH David		47
15	HUNTER Simon		48
16	BORLAND Gareth		45
17	HART Jamie (C)		48
19	AIKEN Johnny		47
21	DE FREITAS Declan (GK)		50
22	SWEENEY Adrian		48
23	BAILEY Cliff		46
24	FRAWLEY Mark		50
25	ARMSTRONG Warwick		49

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* As of 2026-12-31

Team Staff

Role	Name
Manager	LUSH Conor Gerald
Head Coach	EWINGTON Andrew

Team Colours

Shirts	Green White
Shorts	Green White
Socks	Green White
GK Shirts	Orange Navy

Tournament Director: TAYLOR John (WAL)

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**Team Details Scotland**

Shirt No.	Player	Date of Birth	Age*
1	FIELD Graeme (GK)		49
2	JONES Matt (GK)		45
3	JACHNIK Stefan		49
5	STEELE Kenny		47
6	O'NEILL Iain		47
7	MILLER Chris		48
8	YOUNG Ross		48
9	BATCHELOR Duncan (C)		49
10	DAW Martin		45
11	FERRIER Magnus		46
13	KELLY Rob		45
14	SCOTT Alex		45
15	McCLIVE Ian		48
16	TENNER Gareth		45
17	COLQUHOUN Mark		48
18	BOSWELL Thomas		47
19	KWAN Andy		48
20	HUNT Graeme		48

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Team Staff

Role	Name
Team Manager	PATERSON Andrew
Head Coach	CONSTABLE Martin
Head Coach	GLASS Steven

Team Colours

Shirts	Royal Blue White
Shorts	Royal Blue Navy
Socks	Royal Blue White
GK Shirts	Royal Blue Light Green

Tournament Director: TAYLOR John (WAL)

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**Team Details Wales**

Shirt No.	Player	Date of Birth	Age*
7	PADLEY Simon		47
9	KEATING Alex		50
10	JONES Tim (C)		47
14	ROPER Gareth		48
19	MEREDITH Alyn		47
21	CAMERON-WILLIAMS James		48
24	MAKARUK Dan		47
26	WORRALL Dave (GK)		49
27	EVANS James (C)		48
28	PLANT Emrys		47
29	PICKERING Daniel (GK)		49
30	AGORO Jacob		49
31	HARDMAN Sam		46
45	CLARK David		46
61	RAMAGE Mark		48
72	STAMPER Timothy		49
78	JONES Andrew		48
79	MAKAN Che		47

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* As of 2026-12-31

Team Staff

Role	Name
Team Manager	MURRAY Jessica
Head Coach	HOWELL Andrew

Team Colours

Shirts	Red Black
Shorts	Red Black
Socks	Red Black
GK Shirts	Green Yellow

Tournament Director: TAYLOR John (WAL)